Dr. Limor Sheffer

Personal Details

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Higher Education

1997-2003	Ph.D. in Cognitive Psychology Department of Psychology, University of Haifa, Israel Thesis on "The reliability and structure of metacognitive skills and their relationship to cognitive performance" Supervisor: Prof. Asher Koriat
1990-1992	M.A. in Clinical Psychology, cum laude (received 1995) Department of Psychology, The Hebrew University of Jerusalem
1986-1989	B.A. in Behavioral Sciences, cum laude Ben Gurion University of the Negav, Beer Sheva 84105, Israel

Academic Appointments

2004-present	Research Associate, Institute of Information Processing and Decision Making University of Haifa, Haifa, Israel
1996 - present	Research Assistant and SAS programmer for Prof. Asher Koriat, IIPDM Area of specialization: Metacognition
1990 - 1995	Research Assistant, the National Institute of Testing and Evaluation, Jerusalem Area of specialization: Computerized adaptive testing
1991 - 1994	Statistical consulter, Psychology Department The Hebrew University of Jerusalem, Israel
1986 - 1989	Research Assistant for Prof. Avishai Henik and Prof. Joseph Tzelgov

	Behavioral Sciences, Ben Gurion University of the Negev, Beer Sheva

Clinical Experience

2004 - present	Clinical Psychologist, Sha'ar Menashe Mental Health Center
1997 - 2004	Clinical therapist, the Berman Center for Psychological Counseling, University of Haifa (Clinical internship)
1993 - 1994	Practicum in Psychological therapy, the Student Counseling Servises The Hebrew University of Jerusalem

Research Interests

Metacognition
Intelligence
Individual differences in cognitive and metacognitive abilities

Publication

Journal Articles

Henik, A., & Kaplan, L. (1988). Category content: Findings for categories in Hebrew and a comparison to findings in the US. Psychologia: Israel Journal of Psychology, 1(2), 104-112.

Sheffer-Kaplan, L. (1995). An investigation of the relationship between the ability to divide attention and intelligence. (M.A. Dissertation).

Ben-Shakhar, G., & Sheffer, L. (2001). The relationship between the ability to divide attention and standard measures of general cognitive abilities. Intelligence, 29(4), 293-306.

Koriat, A., Sheffer, L., & Ma'ayan, H. (2002). Comparing objective and subjective learning curves: Judgments of learning exhibit increased underconfidence with practice. Journal of Experimental Psychology: General, 131(2), 147–162.

Koriat, A., Bjork, R. A., Sheffer, L., & Bar, S. (2004). Predicting one's own forgetting: The role of experience-based and theory-based processes. Journal of Experimental Psychology: General, 133(4), 643-656.

Koriat, A., Ma'ayan H., Sheffer, L., & Bjork, R. A. (2006). Exploring a mnemonic debiasing account of the underconfidence-with-practice effect. Journal of Experimental Psychology: Learning, Memory and Cognition, 32(3), 595-608.

Conference Presentations

"An investigation of the relationship between the ability to divide attention and intelligence" (1995). Poster presented at the 3rd Annual Conference of the Israeli Cognitive Psychology Society, Ben-Gurion University, Israel.

"Relationships between the ability to divide attention and standard measures of general cognitive ability" (1998). Oral presentation at the 10th Conference of the European Society for Psychology. Jerusalem, Israel. (with Gershon Ben-Shakhar)

"The structure of metacognitive abilities: Stability, reliability and relationship to cognitive abilities". Poster presented at the 3rd Advisory Meeting of The Max Wertheimer Center for Cognitive Processes and Human Performance. March, 2000. Haifa, Israel.

"Individual differences in metacognitive abilities: Reliability and relationship to cognitive abilities". Poster presented at the XXVII International Congress of Psychology, June, 2000. Stockholm, Sweden. (with Asher Koriat).

"The reliability and structure of metacognitive skills and their relationship to cognitive performance" (2004). Poster presented at the 5th Conference of The Max-Wertheimer Center for Cognitive Processes and Human Performance. Haifa, Israel. (with Asher Koriat).

"Can we talk about metacognitive skills?" (2005). Oral presentation at the 1st Annual Conference of the Israeli Psychometric Society. Jerusalem, Israel.